

Dr. Tammy Hale Tucker
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Specialty

Board Certified Family Medicine

Credentials

Medical License, State of Arkansas, 2003 to current #E3741
Board Certified, American Board of Family Physicians
Member, AAFP American Academy of Family Physicians, Arkansas Academy of Family Physician

Special Interests

**Aesthetic Procedures including Botox and Collagen/Dermal Fillers – Training
National Procedures Institute 2002**
Chronic Care & Geriatrics
**Patient Education Media-Writing Directing and Producing patient education
DVD's, interactive patient training programs, patient healthcare tools guide and
regular TV programming with “Healthy Ambitions Series” and “Ask Dr. Tammy”
Local channel 22 and 19**
Radio show – Healthy Ambitions

Education

L. E. Cox School of Radiologic Technology: 1987-1989 Certification R..R..T.
Southwest Missouri State University: 1990-1993 B.S. Radiography (Undergraduate) Cum Laude
Southwest Missouri State University: 1993-1995 M.S. Biology (Graduate)
University of Health Sciences School of Osteopathic Medicine: 1995-2000 D.O.
(graduation JUN 2000)
University Of Missouri Kansas City School of Medicine Truman Hospital-Kansas City, MO
Post Sophomore Pathology Fellowship: JUN 1997- JUN 1998
North Kansas City Community Classes Introduction to Conversational Spanish: Fall 1997
Tallahassee Memorial Family Practice Residency Program: Internship/Residency (JUN 2000 - JUN 2003)

Work Experience

Radiologic Technologist

L.E. Cox Medical Centers (1988-1989)

Osage Beach General Hospital (1988-1989)

Bull Shoals General Hospital (1989-1990)

Springfield Community Hospital (1993-1995)

L.E. Cox Medical Centers (1992-1995)

Litton & Giddings Radiologic (1993-1995)

Taylor Health Center, Southwest Missouri State University (1991-1995)

Undergraduate Positions

Tutor for math department (1991-1993), anatomy lab instructor assistant (1992)

Graduate Positions

Biology 102 lab instructor –graduate teaching assistant (Fall 1993-Spring 1994), graduate research assistant (Summer 1994)

Biology 121 lab instructor-graduate teaching assistant (Fall 1994-Spring 1995)

Professional Physician Positions

Tallahassee Memorial Family Practice Residency Program (2001-2003)

Part-time Physician, Night/Weekend Clinic

Thaggard Student Health Center, Florida State University (2001-2003)

Part-Time Physician, Night/Weekend Clinic

Baxter Regional Medical Center, Mountain Home, AR (AUG 2003 – AUG 2005)

Family Practice Physician, Ahrens Clinic, Yellville, Arkansas

Family Practice Physician, Tucker Family Medicine, Bull Shoals, Arkansas

Tucker Family Medicine Of Arkansas, Inc. (AUG 2005 - present)

Family Practice Physician, Tucker Family Medicine, Bull Shoals, Arkansas

Volunteer Experience

Undergraduate

The American Red Cross: 1991-1993

Greene County Cancer Society: Summer 1993

Southwest Missouri State University-

Microbiology research assistant –cryophilic bacteria project: 1991-1992

Science Olympiads volunteer-coordinating science events for local high schools: 1993-1994

Science fair judge-local high schools: 1993-1995

Girl Scouts Science Day coordinator for Tri-Beta Club: 1994

Graduate

Physiology research assistant-thyroid project: 1993-1995

Medical School

Teaching assistant for OMT (Osteopathic Manipulative Medicine) department, volunteer for City Union Mission

H High school sports physical program, AIDS conference/art fair volunteer, Homeless Health Care program,

Score One for Health program, Primary Care Day coordinator and booth volunteer

Residency

Leon and Wakulla County Health Departments, Big Bend Hospice, and Neighborhood Health Clinic,

High School and College Sports Physicals

Current

Medical Explorers, Counselor and Program Coordinator, Mountain Home, AR

Honors/Awards/Extra curricular activities

Undergraduate

Full Scholarship for Radiologic Technology School from the Business and Professional Women's organization

(BPW), Dr. Kerr's office of Mountain Home and the Bull Shoals auxiliary fund, honor roll throughout

undergraduate, Upper Regents Scholarship (full tuition), Tri-beta honor society,

PhiKappaPhi honor society,

graduated with honors: cum laude

Graduate School

Graduate school teaching assistantship (full tuition plus stipend), Summer research assistantship (tuition and

stipend), grant from Springfield Remanufacturing Corporation and Ozarks area Business Group on Health for

preventive health research

Medical School

Health Track program, accepted for Pathology Post Sophomore Fellowship at Truman Medical Center

University of Missouri Kansas City, School of Medicine), accepted to do a public health Summer elective at the

Clay County Health Department, Medical Explorers medical fair-UHS representative, selected as student liaison

to the University of Health Sciences-Kansas City School district community medicine project, 2000 UHS Clinical

Research Award, Missouri Academy of Family Physicians Original Research Award,
High Commendation
Award for Pathology Clinical Research

Residency

American Academy of Family Physicians Loan Repayment Award, Arthritis
Collaborative selection, Night Clinic
Clinician Award at Residency Program

Professional Organizations

Undergraduate

Tri-Beta (Biology Honor Society) officer: publicity, Phi-Kappa-Phi (Honor), College of
Science Student
Advisory Council (officer), Pre-Med Society, Missouri Society of Radiologic
Technologists, The American
Registry of Radiologic Technologists

Graduate

Ozarks Biological Graduate Society

Medical School

American Academy of Family Physicians (Missouri Family Medicine Interest Group
Coordinator for UHS-
COM), American Medical Association (member), Student senate UHS 1995-1996
(elected class senator), UAAO-
Osteopathic organization, Emergency Medicine Club, American College of Osteopathic
Family Physicians

Residency

Florida Academy of Family Physicians, American Academy of Family Physicians,
American Medical Association,
Florida Osteopathic Medical Association

Formal Presentations

Radio interview with KSMU in Springfield, MO discussing graduate thesis project on
Preventive Health in the
Springfield Metropolitan area.

Southwest Missouri State University: Masters Degree Orals and thesis presentation (May 1995) entitled "An Evaluation of a Preventive Health Management Method..."

Poster presentation of research at The Smithsonian (Summer of 1994) in Washington, D.C. on a paper entitled, "Thyroid Hormone Levels in Three Groups of Overwintering Female Black Bears (*Ursus americanus*)"

Research Day at The University of Health Sciences (Spring 1996)-Masters Thesis entitled, "Preventive Health Care"

Poster presentation- winner (placed second) of research competition at The Missouri Academy of Family physicians, 50th annual scientific assembly (Summer of 1998) in Osage Beach, Missouri on a paper entitled, "Carbon Monoxide Effect on MA-16-C Mammary Tumors in C3H Mice"

Poster presentation- Southern Medical Association Conference (Fall 1998) in New Orleans, Louisiana on a paper entitled "Platelet Transfusion outcome in 54 patients in a General Acute Care Hospital" (Abstract accepted for publication)

Radio Show- Healthy Ambitions "Mountain Talk"

TV interview- "This Week Mountain Home" about upcoming show "Healthy Ambitions" on Channel 22 with Gil Reynolds and Bobbi Adeu

TV interview- "Out of the Norm" about upcoming show "Ask Dr. Tammy" on Channel 19 with Norm Allen

DVD production of "Healthy Ambitions-Advance Directives", "Healthy Ambitions-COPD & Smoking", "Healthy Ambitions-Waterworks/prostate health", "Healthy Ambitions-The Sweet Life, Diabetes", "Healthy Ambitions-Women's Health", "Healthy Ambitions-Going to the Doctor"

Publications

Thyroid Hormone Concentrations in Black Bears (*Ursus americanus*): Hibernation and Pregnancy effects. General and Comparative Endocrinology 109, 192-199 (1998) Article No. GC977018

Bone Marrow Involvement and Specific Leukocyte Markers in a Case Study of Intravascular Lymphomatosis - Archives of Pathology 123 October 1999.

Pediatric and Obstetric Help guides for Family Practice Residency at Tallahassee Memorial

Healthy Ambitions- Tools For Taking Charge of your Healthcare

Hobbies/Interests

Sewing, fiction and poetry/prose writing, scrap-booking, miniatures, watercolor/acrylic/oil painting, mural painting, photography, baking, spending time with family

Other Accomplishments

Married 18 years, 3 poetry publications, completed a fiction novel, written three children's books, and learning Spanish

References

References available on request
Copies of Publications available on request